



Beacon Wellbeing is an employee assistance program (EAP) that provides you with personalized guidance and support to help improve your overall health and wellness. Confidential, expert support is available 24/7 at no cost to you.

 pge.mybeaconwellbeing.com  **888-445-4436**



Beacon Wellbeing

From newborn to empty nests

Here to help you and your household—online, by phone or face-to-face.

Whether you are already growing your family, or thinking about it for the future, take advantage of free, confidential consultation, resources and support on topics such as:

- Adoption
- Pregnancy and infertility
- Special needs
- Nursing your infant
- Family leave and returning to work
- Child care including backup and sick child care
- Resources for all educational and developmental stages