



Beacon Wellbeing is an employee assistance program (EAP) that provides you with personalized guidance and support to help improve your overall health and wellness. Confidential, expert support is available 24/7 at no cost to you.

 pge.mybeaconwellbeing.com  **888-445-4436**



Beacon Wellbeing

Eldercare resources

Here to help you and your household

The care of an older family member can be a very rewarding experience - but it can also be stressful. Your EAP benefit can help, whether you are providing hands-on assistance or managing care from afar. Your benefit provides information and referrals to assist you in all areas of elder caregiving and family support including:

- Confidential caregiver support services provided 24/7 via phone or web
- Qualified eldercare consultants
- Community resources and assistance in your area
- Literature on caregiving, insurance and end-of-life decisions
- Referrals for in-home care providers, assisted living providers and skilled nursing facilities