



Gym Membership Discounts

PLEASE NOTE: It is important to consult with your doctor prior to taking part in any fitness program. Discounts for gym memberships are available through enrollment in health plans and select vendors in local areas.

| | GlobalFit | Active & Fit Direct |
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| Eligible Health Plans | Anthem Blue Cross | Kaiser Permanente Anthem Blue Cross |
| Program Name | Gym Network 360 | Active & Fit Direct |
| Who is eligible? | PG&E employees and family members enrolled in the eligible health plan | PG&E employees and family members enrolled in the eligible health plan |
| Discount | 5-20% Off Membership Dues ¹ | Standard fee of \$25/month/person ¹ |
| Fees | Processing Fee-\$13.95 Gym Membership Dues: Varies by gym Activation Fee: Varies by gym Assessment Fee: Varies by gym Annual Maintenance Fee: Varies by gym | Getting Started: \$75 ² plus applicable taxes. Includes: <ul style="list-style-type: none"> • One-time enrollment Fee: \$25 • First month's membership fee: \$25 • Next month's membership fee: \$25 |
| Offerings | <ul style="list-style-type: none"> • Thousands of Fitness Centers Nationwide • Amenities vary by Fitness Center | <ul style="list-style-type: none"> • Over 10,000 Fitness Centers Nationwide • Monthly Fee permits enrolling in an unlimited number of participating gyms • Amenities vary by Fitness Center |
| Does the discount cover personal trainers? | No | No |
| Does the discount qualify toward meeting a medical deductible? | No | No |
| Can the Flex Spending Account be used to pay for gym memberships? | Only as treatment for a medical condition diagnosed by a licensed healthcare professional ³ | |
| Is the discount dependent on my attendance at the gym? (e.g. Can it be taken away if I do not attend regularly?) | No | No |
| If there are no memberships offered in the area where I live, what can I do? | Complete the Request a Gym form. (The gym will be contacted to see if they want to participate) | Contact ChooseHealthy to Nominate a Fitness Center. (The gym will be contacted to see if they want to participate) |
| Websites | https://www.globalfit.com/ You will need to register first. See separate registration instructions for links and instructions. | https://www.activeandfitdirect.com/ You will need to register first using a link from your health provider. See separate registration instructions for links and instructions. |
| Phone Numbers | 1-800-294-1500 | 1-877-335-2746 |
| Frequently Asked Questions | https://www.globalfit.com/about/faq | https://www.activeandfitdirect.com/FAQ |

¹For the most recent discount, check the PG&E Fitness Discount Page at the following link: <http://pgeweb.utility.pge.com/hr/Pages/default.aspx>. Under the Toolkit on the right, select "Employee Discounts", then select "Fitness"

It is recommended that you contact the gym you are interested in prior to purchasing a membership through the discount program to:

- 1) Take part in a free trial membership
- 2) Confirm the gym is still participating in the discount program
- 3) Request their normal rates to ensure that the discount program offers the lowest rate

²Pro Tip from ChooseHealthy: Sign up for gym memberships at the beginning of the month for the best value. Fees for the current month are \$25 regardless of the date you sign up within that month.

³Visit the following for more specific details of eligible expenses:

- IRS Publication 502: <https://www.irs.gov>. In the Search box (top right side of the page), type "Publication 502". Then, select "Publication 502, Medical and Dental Expenses" from the results.
- Anthem cheat sheet: http://www.mypgebenefits.com/pdfs/WageWorks_list_eligible_expenses_HCFSA.pdf
- Kaiser Permanente: http://www.mypgebenefits.com/pdfs/KP_eligible_expenses.pdf

