

Legal and financial services

Talk to a financial or legal expert for a no-cost consultation and discounted services provided for divorce, real estate issues, debt management, budgeting, and more.

Work/life services

Obtain professional resource and referral services related to child and eldercare, education, growing families, consumer resources, home maintenance and repair, and daily living resources.

Online resources

Visit achievesolutions.net/pge to find tips to help with concerns such as relationships or managing stress.

Privacy is a priority

Your personal information is kept private as required by state and federal laws. No one will know you have accessed the program services unless you grant permission or express a concern that presents a legal obligation to release information (for example, if it is believed you are a danger to yourself or to others).

Contact us

 pge.mybeaconwellbeing.com

Schedule an EAP appointment or request financial, legal, or work/life services.

 mypgebenefits.com/EAP

Information on the EAP and our onsite counselors, available onsite and virtually to employees; virtually to dependents.

 **888-445-4436 | 800-735-2962 (TTY)**

Get help accessing EAP services or speak to a licensed counselor 24/7.

This brochure is for informational purposes only and does not guarantee eligibility for program services. Beacon Health Options services do not replace regular medical care. In an emergency, seek help immediately. "PG&E" refers to Pacific Gas and Electric Company, a subsidiary of PG&E Corporation. ©2022 Pacific Gas and Electric Company. All rights reserved.



rev.: Feb 24, 2022



PG&E's Employee Assistance Program (EAP)

Helping you thrive

Life is busy. When you need more resources to manage it all, we can help. Your **EAP** benefit offers information, guidance, and support to help you and your family reach your personal and professional goals.

How it works

Go online or call the toll-free number on this brochure any time. Professional counselors are available to help identify your issue and guide you to the appropriate support.

Counseling services

Talk with a licensed counselor for support with issues such as managing stress, strengthening relationships, work/life balance, and grief and loss.

SERVICES INCLUDE:

8 no-cost sessions

per issue, per year for employees, their dependents, and their household members

Alcohol/Substance Use Disorder Support

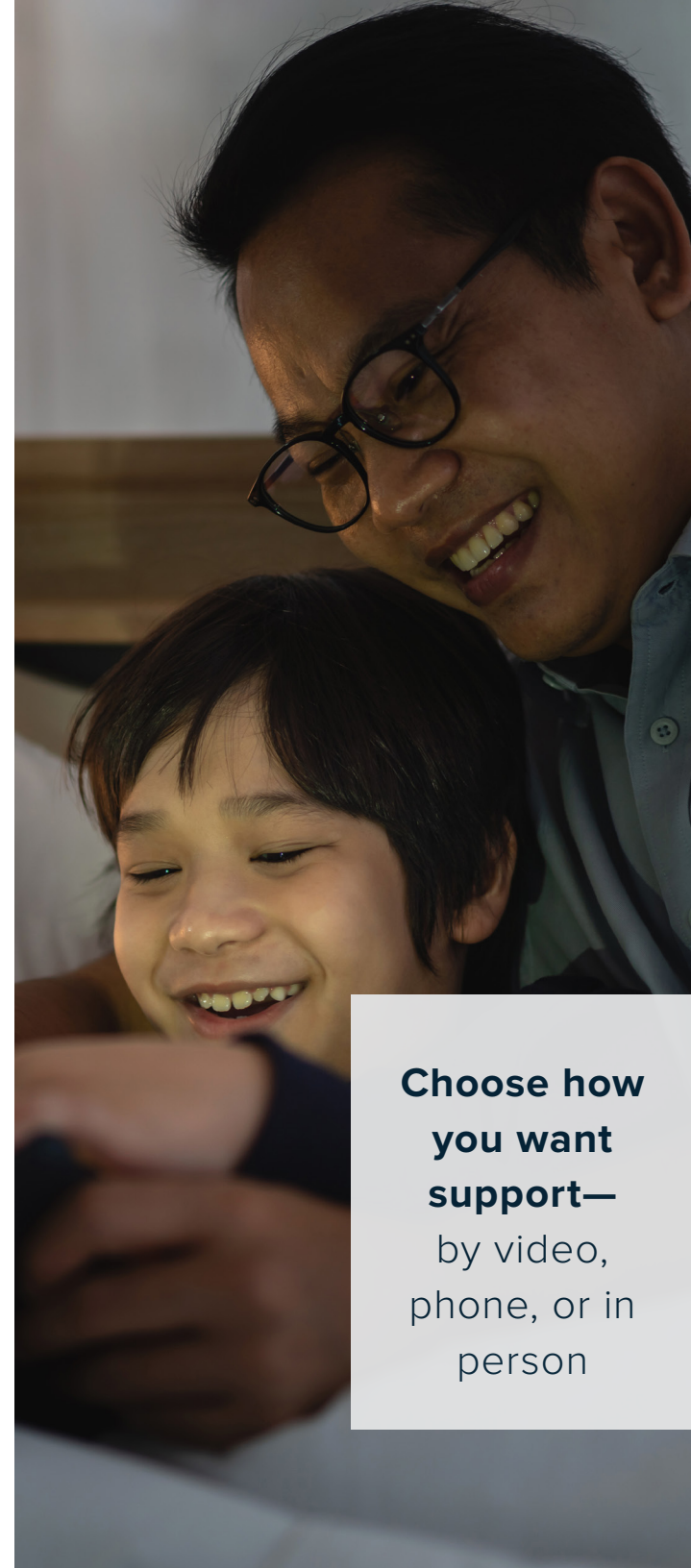
- EAP is available to provide confidential support and referrals to employees and their families with drug or alcohol use issues.

- Many community organizations can also help with drug or alcohol concerns. Visit mypgbenefits.com/EAP > DRUG AND ALCOHOL USE DISORDER SUPPORT for more information.

Employees and supervisors are encouraged to seek assistance before drug and/or alcohol use affects safety or job performance. For further information on PG&E's policy regarding the use of prohibited drugs, please refer to the Employee Code of Conduct ([pgweb](http://pgweb.com) > PG&E@Work > Code of Conduct) and the DOT Drug and Alcohol Misuse Prevention Plan (mypgbenefits.com/DOT).

Resources for Supervisors

Receive management consultations, presentations for your team, support after a traumatic event such as serious employee injury or fatality, or assistance referring employees to EAP. You can also find tools and resources to support you in your leadership role at achievesolutions.net/pg > Topics > Managers' Tools. For more information, visit mypgbenefits.com > For Leaders > Supporting Emotional Health.



**Choose how
you want
support—**
by video,
phone, or in
person